



Ursuline Talks 2017

Caregivers, Caregiving ... and Common Threads

Ursuline Support Services has launched an exciting new initiative, *Ursuline Talks*, a timely, informative, thought-provoking and entertaining speaker series providing insights into issues facing society today.

Ursuline Talks is an important component to Ursuline's commitment to providing care, advocacy and education regarding critical challenges in our community. *Ursuline Talks* is the latest in a continuing series of workshops, presentations and other educational opportunities offered to professionals and the general public on important issues.

FEATURED SPEAKERS



Theresa Brown

April 19: Theresa Brown, PhD, BSN, RN

Theresa Brown is known by many as the author of The New York Times bestselling book, *The Shift: One Nurse, Twelve Hours, Four Patients' Lives*. In this work, Dr. Brown portrays one real shift worked by a hospital nurse, showing not just the day-in-the-life of a registered nurse, but all the activity in one day in a hospital.

For *Ursuline Talks*, 2017, Dr. Brown will explore the relationship of the professional caregiver with patients and those who provide their care, including family and friends. Drawing on media representations (or misrepresentations) of nursing and her own clinical experience, Dr. Brown encourages her audience to fully understand the centrality of good nursing to quality patient care. After all, she says, "If patients go to the hospital, it's because they need the care of nurses."

Dr. Brown is also the author of *Critical Care: A New Nurse Faces Death, Life, and Everything in Between*, which is used as a text book at nursing schools around the country. A frequent contributor to The New York Times, Dr. Brown's opinion series, "Bedside," examines health care from a nurse's point of view. One of her columns, on healthcare reform, earned Dr. Brown an invitation to the White House, where President Obama quoted her in defense of the Affordable Care Act.

Dr. Brown has written for CNN.com, The Journal of the American Medical Association, Slate.com and the Pittsburgh Post-Gazette, and has a quarterly column in The American Journal of Nursing called "What I'm Reading," that discusses books of interest to nurses. She has been interviewed on the NPR program "Fresh Air" and has appeared on "Hardball," "20/20" and NPR's "Talk of the Nation." She speaks nationally on topics related to nursing, health care and end-of-life care.



Nikolas Jintri

June 7: Nikolas Jintri

Nikolas Jintri's *Wonder 101: A Thinking Man's Theater* is an interactive presentation about the power of philosophical perspective. It's an evening guaranteed to entertain audiences while giving them a fresh perspective on their lives.

Aimed at lifelong learners and idealistic professionals, Jintri's performance uses storytelling, music and illusion to explore the spiritual, social and practical benefits of placing interesting questions above easy answers—and while he may amaze his audiences, he will never insult their intelligence!

This is no novelty for passive spectators. It is an experience for the actively curious, led by a Carnegie Mellon and University of Pittsburgh professor who spent years as a Peace Corps volunteer in Africa and teacher in Japan. Jintri is an accomplished bass guitarist with a wide stylistic palate ranging from '60s to soul to modern metal.

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Jintri holds a Bachelor of Arts degree in Philosophy from Humboldt State University and a Master of Arts degree in Rhetoric from Carnegie Mellon University. A returned Peace Corps volunteer who served in Ghana from 2004 to 2006, Jintri also has been a high school English teacher in Japan with the Japanese Exchange and Teaching Program, a public relations assistant with the American Red Cross of Alaska and a rhetoric instructor at Carnegie Mellon University, the University of Pittsburgh, Duquesne University and the Community College of Allegheny County.

September 20: Richard Schulz, PhD

Richard Schulz, PhD, is a Distinguished Service Professor of Psychiatry, Director of Gerontology and associate director of the Aging Institute of UPMC Senior Services and the University of Pittsburgh. He earned his PhD in social psychology from Duke University.

Dr. Schulz has spent most of his career doing research and writing on adult development and aging. His work has focused on social-psychological aspects of aging, including the impact of disabling late life disease on patients and their families. He has been funded by the National Institutes of Health for more than three decades to conduct descriptive longitudinal and intervention research on diverse older populations representing illness such as cancer, spinal cord injury, stroke, Alzheimer's disease, heart disease and arthritis.

He has been a leading contributor to the literature on the health effects of caregiving, Alzheimer's disease caregiving and intervention studies for caregivers of persons with Alzheimer's disease. The body of work is reflected in more than 300 publications, which has appeared in major medical, psychology and aging journals, including *The New England Journal of Medicine*, *The Journal of the American Medical Association* and *The Archives of Internal Medicine*. He also is the author of numerous books, including *The Handbook of Alzheimer's Caregiver Intervention Research* and *The Quality of Life Technology Handbook*.

In the past decade, Dr. Schulz has become interested in supportive interventions, including technology-based approaches designed to enhance patient functioning and quality of life both of patients and their relatives.

Dr. Schulz is the recipient of several honors, including the Kleemeier Award for Research on Aging and the Distinguished Mentorship in Gerontology Award from the Gerontological Society of America, the M. Powell Lawton Distinguished Contribution Award for Applied Gerontology, the Baltus Distinguished Research Achievement Award and the Developmental Health Award for Research on Health in Later Life from the American Psychological Association. In 2014 Dr. Schulz was appointed by The National Academies of Sciences – Engineering – Medicine – to chair the Committee on Family Caregiving for Older Adults.



Richard Schulz

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